



## Course Objectives & Activities

Please complete this form and return it at least 1 month prior to the programme.

Group Name: \_\_\_\_\_

Party Leader: \_\_\_\_\_ Email: \_\_\_\_\_

Contact Phone:

(Bus) \_\_\_\_\_ (Mob) \_\_\_\_\_ (Fax) \_\_\_\_\_

Programme Dates: \_\_\_\_/\_\_\_\_/\_\_\_\_ to \_\_\_\_/\_\_\_\_/\_\_\_\_

Arrival Time: \_\_\_\_\_ Departure Time: \_\_\_\_\_

Number of participants: \_\_\_\_\_ Age of participants: \_\_\_\_\_

Number of accompanying adults (non-participants): \_\_\_\_\_

**Please note - your final invoice will be based on these numbers. Any changes made within 1 month of the start of the programme must be agreed by MERC.**

Please outline any special needs your group may have (i.e. disabilities, special strengths, socio-economic factors):

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Please specify your objectives for this programme:

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Any other comments regarding your group, desired outcomes or the programme?

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Has your group visited MERC before? \_\_\_\_\_ YES / NO

If yes, please outline nature and duration of the visit and any further information regarding changes, successes, programming.

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## Activity Options

The basic MERC charge includes a combination of water and land based activities. **A programme of mostly or completely water based activities will attract a higher charge**, as will an overnight expedition.

**Please tick the activities you would like included in your course.**

Note - a 5 ½ to 7hr day will allow 3 activities; 5hrs or less, 2 activities whereas over a week, we can fit in approximately 12 activities.

If you would like to participate in an extension programme, which would suggest prior knowledge or a secondary programme, which indicates previous experience and maturity, please note this beside the option.

Abseiling	<input type="checkbox"/>	Nature Trail	<input type="checkbox"/>
Adatok Games	<input type="checkbox"/>	Orienteering	<input type="checkbox"/>
Adventure Based Games	<input type="checkbox"/>	Outdoor Survival	<input type="checkbox"/>
Archery	<input type="checkbox"/>	Raft Building	<input type="checkbox"/>
Bush and Beach Walk	<input type="checkbox"/>	Rocky Shore Discovery	<input type="checkbox"/>
Body Boarding	<input type="checkbox"/>	Sailing	<input type="checkbox"/>
Canoeing	<input type="checkbox"/>	Slingshot	<input type="checkbox"/>
Climbing	<input type="checkbox"/>	Snorkelling	<input type="checkbox"/>
Coastal Mission	<input type="checkbox"/>	Stack'em High	<input type="checkbox"/>
Dinghy Games	<input type="checkbox"/>	Surf Confidence and Survival	<input type="checkbox"/>
Expedition	<input type="checkbox"/>	Surfing	<input type="checkbox"/>
Kayaking	<input type="checkbox"/>	Team Challenge	<input type="checkbox"/>
Low Ropes	<input type="checkbox"/>	Tree Climb	<input type="checkbox"/>
Mega Game	<input type="checkbox"/>	Tree Abseil	<input type="checkbox"/>
Multi-Sport Challenge	<input type="checkbox"/>	Wilderness Expeditions	<input type="checkbox"/>

**Please note programmed flexibility is necessary and some activities are weather dependent.**

Thank you for taking the time to fill in this sheet. The information is essential for MERC staff to design an effective programme for you.

**We look forward to seeing you at MERC.**

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