



Sir Peter Blake MERC

Camp Diary

Name: _____

Personal Details

How did you get to MERC?

How many kilometers from your School to MERC?

What is your room number?

How many people are in your room?

What are their names?

Who is one of your instructors?

Draw a picture of the view outside your window



What's the answer?

How many steps at the front of the accommodation block?

How many Norfolk Pines in MERC Grounds?

How many frenzies do we have?

How many windows in your room?

How many staff work at MERC?

How many fire hoses are there?

What does MERC stand for?

How many bedrooms do we have?

What are the names of your cooks?

What make are the buoyancy aids?

What kind of Kayak did you use?

What kind of sailing dinghy did you use?

Kayaking

What is the difference between a Life Jacket and a Buoyancy Aid?

Name four parts of a Kayak?

Name two different strokes used?

Which hand does the paddle key go in?

Describe what you would do if you fell out of your Kayak in deep water?

Draw you in your Kayak



Surf Survival

What should you always swim between on a patrolled beach?

How does a wetsuit keep you warm?

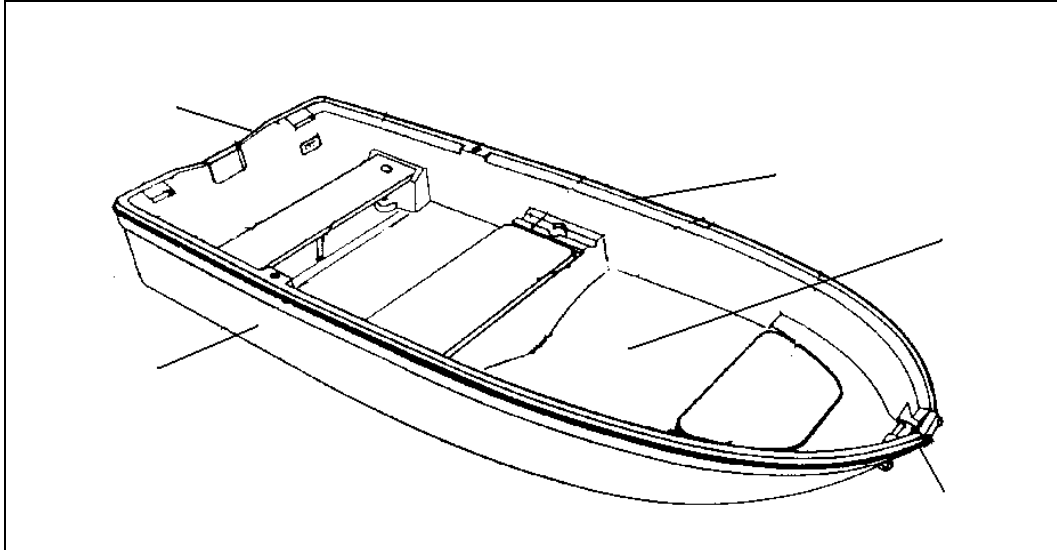
What happens if your wetsuit is baggy?

What signal do you use when you need a lifeguard?

When you are at MERC how deep can you go?

Sailing

Label the parts of the Sailing Boat.



Name 3 methods of telling which way the wind is going?

What does the centre board do?

If you are steering the boat, which side should you be sitting on?

Where is the Bow on the boat?

Dinghy Games

If you had 6 people, how would you sit them in the boat?

What helps keep the boat afloat?

How do you steer the boat?

What do you do if your boat capsizes in deep water?

Why are you able to breathe underneath an upturned Dinghy?

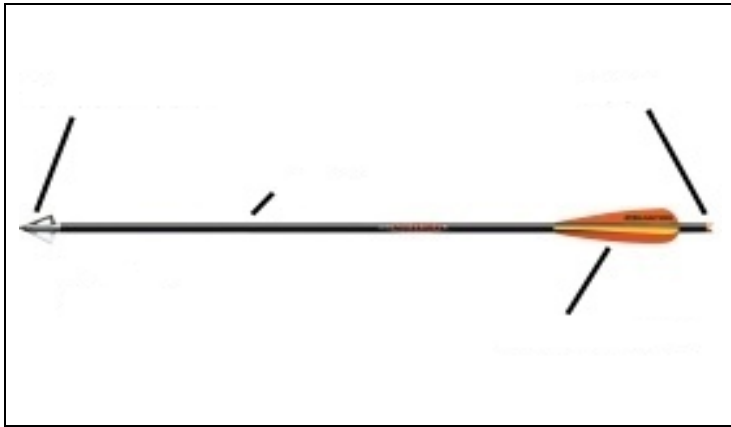
Why do you not stand in a Dinghy?

Archery

Name 3 safety points in Archery?

Why should you never 'Dry Fire" a bow?

Label the parts of an arrow



What was your highest score?

Did you score any bulls eyes? How many?

Climbing and Abseiling

Describe how you 'spot' someone on the Bouldering wall.

What are the climbing calls you must make before climbing?

Name 4 pieces of equipment you need before you can climb?

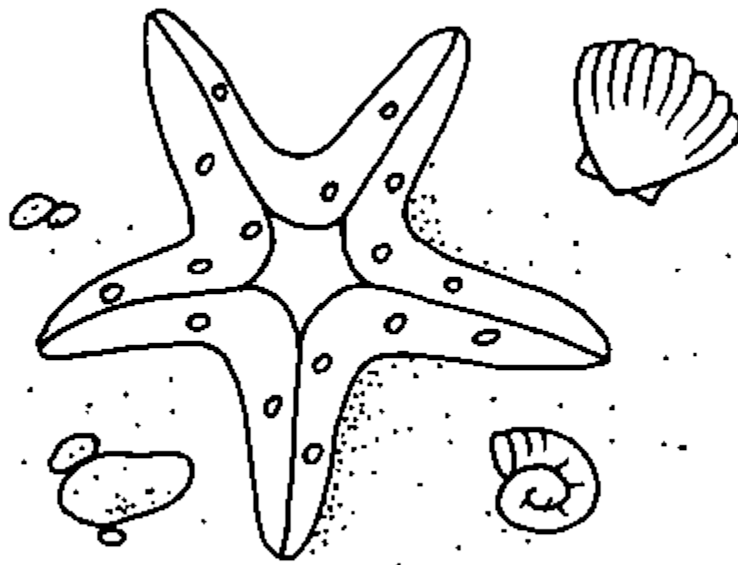
Name 6 pieces of equipment you need to abseil. Draw 4 of them.



What might happen if you don't lean back far enough when abseiling?



Colour in the Pictures



MERC Questionnaire

Name of School or Group?

What did you enjoy the most?

What was the worst thing about MERC?

Were any of the activities scary? If so, why?

What was your favourite activity?

What was the most important thing you learnt at MERC?

If you had \$1000 to spend on MERC, what would you buy for the centre?

I want to learn more about?

I felt happy when.

I felt sad when.
